

Scientists Serious About "Electricity Sickness"?

KIIMA

The Journal of
The King Institute Method Association®
A Publication of the King Institute, Inc.

Issue 4

TEETH

Can Take A Bite Out Of Your

HEALTH



Commonly Prescribed Antibiotic Implicated In Autism
Prostate Cancer Support

Extraordinary Alternative Medicine for Extraordinary Results

KIMA Journal

The King Institute Method® Association Journal

Director
Glenn King

Editor
Christine Dao
info@kinginstitute.org

Published by
King Institute, Inc.

For Information:
800-640-7998

Disclaimer: All facts of this Journal (issue 4, 6-05) have been drawn from scientific literature. In no way, however, are any of the suggestions meant to take the place of advice given by licensed health care professionals. Consult your physician or other licensed health care professional before commencing any medical or health treatment. The King Institute, Inc., KIMA or its representatives, do not dispense medical advice or prescribe the use of techniques as a form of treatment for medical problems either directly or indirectly. The sole intent of the publication and its authors is only to offer information. In the event any person uses any of the information in this issue for him or herself or another, which is their constitutional right, the author, publisher and associates assume no responsibility for his or her actions.

Copyright © 2005 King Institute, Inc.
All rights reserved. No part of this issue whole or in part may be reproduced in any way without prior specific written permission of the copyright holder, Glenn King of the King Institute, Inc. PO Box 118495 Carrollton, TX 75011. **1-800-640-7998** / TKI@kinginstitute.org

KIMA Journal is published quarterly by King Institute, Inc., A Christian Health Research, Therapy and Education Organization.
Subscriptions are \$75 annually for four issues or \$20 per issue separately.

Send inquiries to:
KIMA Subscription
PO Box 118495
Carrollton, TX 75011

Additional information can be located on our website at: www.kinginstitute.org

CELEBRATION ISSUE of the KIMA® Journal

completing the first year for its members!

Join us for an even greater year to come!

If you're not a KIMA member, join now by calling 800-640-7998
or join on-line at: www.kinginstitute.org



Contents

Gut Feelings	2
Give Me Drugs	3
Body Biography Corner	3
Editor's Corner	4
KIMA Talk	4
Email Response	4
Flu Shots Are Ineffective	5
BioGeometry Reveals Dangers of Geopathic Grids (Energies)	6
TKM® Instructors	7
Teeth Can Take a Bite	7
Out Of Your- Health	7
Pulse Puzzle	7
Teeth Chart	11-12
Umbilicus Sequence	13
Health Tips	14
Testimonial Corner	15
Pulse Puzzle Suggestions	15
TKM® Students	16
What is TKM®	19
Mission Statement	19
TKM® Class Schedule	20
Membership RENEWAL	20
Eating Healthy	21
TKM® and Teeth	21

Cover Story

TEETH Can Take A Bite Out Of Your Health 7

Additional Cover Stories

Gut Feelings?
How you digest life will be how your system digests 2

Give Me Drugs! 3

Cell Phones
Are More Dangerous Than First Thought (Health Tips) 14

This issue contains important charts, never previously published, related to the cover story article "Teeth."

Notes from the Director

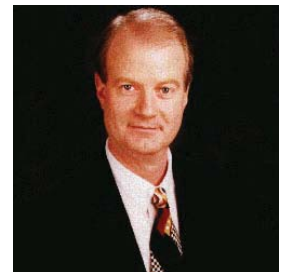
I want to thank you for your dedication in learning more about TKM and natural effective ways to help yourself and your family.

Becoming a KIMA member has demonstrated, not only your sincerity, but also has shown your support for this organization, which is dedicated to accomplishing the same goal of helping people by effective and non-invasive means!

We are encouraged by the number of original members and accumulated KIMA members through this first year, and as it comes to a close with this issue, we are excited about the coming year and all we have planned for our members including the expansion of the Journal.

I personally thank you and I also thank you for many others whom have received benefits in their health and had their lives changed. Much of which is directly due to your continued support.

You remain in our prayers, and we thank you for your prayers!
God Bless each of you!
Glenn King, Director



Gut Feelings?

How you digest life will be how your system digests!

By Glenn T. King, PhD, CDN, CN

When Anna (not real name) came into the Institute in 1998, no one would have known anything was wrong with her. On the outside she looked like a healthy young woman with some problems with fatigue,

however, on the inside, she had suffered with digestive problems since she was in the fourth grade.

She said she had a history of stomach ulcers along with bloating, gas, headaches and other issues relating to stomach energy.

She said she grew up on a farm in North Dakota and recalled a time when she had such severe abdominal cramps that her parents drove her an hour down the road to the nearest medical center for treatment. The doctors diagnosed her as constipated and simply gave her suppositories and sent her home.

Along with stomachaches, Anna complained about headaches after meals, and frequent fatigue and ear infections. In fact, she was going deaf in one ear until she was healed at a crusade.

What she didn't know was that many of her problems could be linked to her emotional stress, and the imbalance in her stomach energy was also a source for the headaches, fatigue and ear infections.

"The brain and gut are not only parallel pharmacologic systems; they are also inner-linked pharmacologic systems," writes Stephan M. Stahl in his article "Gut Feelings About Irritable Bowel Syndrome" published in 2001. Dr. Stahl is the chairman of the Neuroscience Education Institute and an adjunct professor of psychiatry at the University of California in San Diego.

"This link is not surprising given that the enteric nervous system, which innervates the gut, is embryo-logically derived from the same part of the neural crest that evolves into the brain," he said.

Several neurotransmitters act in both the brain and the gut, including serotonin, also known as 5-HT. About 90% of 5-HT in the body is located in the gut, giving a whole new meaning to the phrase, "gut feeling."

"Given the prominence of 5-HT and its receptors in the gut, it is not surprising that drugs on 5-HT or its receptors can alter [general intestine] functions," Dr. Stahl writes.

This could explain why most patients who have chronic constipation also suffer from depression.

"There are many possible reasons," writes Chris Lahr, a colon and rectal surgeon and head of the International Constipation and Nausea Foundation, or ICAN. "Depressed persons don't get as much exercise as people without depression. Many of the medications used to treat depression cause constipation. Chronic constipation can have a big impact on a person's activities and that it in itself can make someone depressed."

Of even more interest are the **"similarities between the nervous system of the gut and the psychological nervous system."**

Anna now saw the correlation between her emotional and physical problems and why previous treatments were ineffective.

She said her primary healthcare physician had advised to avoid alternative treatments and stick to proven traditional methods. However, the only thing tradition proved in her case was that it didn't work. She started seeking natural and herbal remedies and even took psyllium, a good source of fiber for many people that sweeps the colon.

However, even the alternative treatments were not providing her a solution. She considered colonics, but realized some of the possible to probable side effects and prayed that God would provide her another way to solve her problem.

Finally, friends directed her to the King Institute, where she started a cleansing program with an intense regimen involving TKM. She noticed immediate and dramatic changes in her movements. Eleven days into the program she was having bowel movements 5-7 times a day, when she was used to have one bowel movement every three to five days.

As an x-ray technician at a clinic that deals with the colon, she said she was amazed and able to recognize the shape of her colon from the stool that was coming out. She could even see the hostra markings (small muscles in the colon), which one shouldn't actually be able to see. She said she would perform x-rays for patients suffering from chronic abdominal pain and see their colons packed with fecal matter, which most physicians ignored or simply never noticed. It was amazing that she was now seeing a clearing of the same blockage come out of her.

Along with the cleansing, she noticed she had more energy and clearer mental function after using TKM and the cleansing program. She also noticed she was letting go of many of her negative emotions, such as anger, fear and apathy.

She said it was hard to believe the results she saw after just 11 days on the program, she said, after pretty much a lifetime of chronic constipation. As a technician in a traditional medical office, she's seen how the traditional methods haven't worked and how drugs aren't always the answer. She recounted a time when she had a doctor look at a patient's colon x-ray. She could see the fecal matter filling the colon to capacity. The doctors simply said he examined the patient and found nothing was wrong, despite the obvious problem displayed on the x-ray. Of course, an x-ray technician's diagnosis can't compete with a doctor's word. This was typical.

"It's sad to think of how many Americans have to suffer under the so-called mainstream medical field," she said.

Many doctors nowadays simply regurgitate what they're taught. Anna said most doctors aren't even required to take a nutritional course to teach people how to eat properly; they're only taught how to administer a pill. If doctors in general would have an open mind and make the effort to pursue truth in their practices rather than falling back on outdated methods, many of them could really make a greater difference.

Continued on page 9

Give Me Drugs!

By Christine Dao

“Give me drugs” seems to be the mind-set of the majority of the general public, although even with this perspective people are realizing “There is such a thing as too much of a good thing”, according to a 1998 report by *Knight Ridder Newspapers*.

The article “Too much of a good drug: Over reliance on antibiotics is sapping their effectiveness” says that modern day germs are beefing up against antibiotics that seemed to work for many years.

Doctors are finding that antibiotic resistant bugs are popping up everywhere. The common scenario that takes place in a medical office is a patient complaining about symptoms and requesting an antibiotic to cure the problem.

“We’ve grown accustomed to reaching for a pill any time we get sick. People feel like they haven’t gotten their money’s worth from their doctor’s visit if they don’t walk out with a prescription,” Dr. Claire Pomeroy, chief of infectious diseases at the University of Kentucky, said. “People thought antibiotics could cure any infection, so they wanted antibiotics. But that’s just an illusion that we’ve created for people.”

Experts agree that a major contributing factor is doctors over-prescribing antibiotics and patients over-using them.

Any doctor would admit that it’s difficult to tell a patient to just wait out the symptoms when the same patient can go to another doctor to get a prescription. The economic repercussions can be costly.

Thus, overuse of antibiotics, experts fear, will and is leading to more drug-resistant bugs, which could eventually destroy the foundations of modern medicine and turn the proverbial clock back to the days when people died of infections because there was no way to stop them.

Like our bodies slowly build up immunities to diseases, so too do infectious bacteria (living organisms) build up resistance to the antibiotics that are designed to destroy them.

At the same time, the use and overuse of antibiotics are effectively weakening our immune system.

Robert Rapp, a professor of pharmacy at the University of Kentucky, explained that in a colony of billions of bacteria, only a few cells are naturally resistant to the antibiotic. The drug may wipe out all the other bacteria, leaving the elite few to multiply and further infect, passing on resistance to later generations. In the end, most of the bacteria are resistant, **and our immune system has been compromised in the process.**

Rapp also explained that stress from antibiotics can lead to mutations in the genetic make-up of the bacteria to outsmart the drugs. One way is that a resistant bacteria can destroy the drug all together. Another way is that it can fortify its cell wall, barring the drug from penetrating it. It can also develop “pumps” to push out antibiotics that manage to get through the cell wall.

The end result: **stronger bacteria & weaker drugs.**

As Pomeroy said, the need for pills to correct symptoms is an illusion. But it’s an illusion so ingrained in the human psyche, similar to how many of us think of Coke when we refer to any soft drink under the sun. “Take two and call me in the morning,” has turned in to “Give me the prescription and let me move on.”

We have always been against using any antibiotics except in some rare acute cases when other measures have been tried first. We urge you to keep in mind that antibiotics are not the answer to our bacterial problems, but a strong immune system is the best defense. TKM is well known for it’s usual expedient results concerning the flu, common cold and other viral and bacterial invaders in our environment. Enabling the #3 energy spheres to function properly with a prerequisite of #15 energy spheres is the single best course of action.

We have a variety of simple and direct applications for such situations to obtain rapid recovery, although we still say that the best medicine is “preventative medicine”, keep your energy in coherence and your 3’s and 15’s in good condition.



(Photo above) The Cleveland class having a special lunch in a historic old railroad station. June 2005

Body Biography Corner

Can you recognize chronic Umbilicus energy congestion?

Example: When a person is laying flat on their back and you’re able to see an arch under the neck - that means the umbilicus needs help. Especially if you notice that the head is slightly tilted back.

Another sign of the umbilicus needing assistance is when the hands are cupped or clenched to any degree, when relaxed. This cupping also applies to the feet and toes.

Umbilicus energy is responsible for distribution of energy to all major organs and the special function energy of the body. The Umbilicus energy is essential for keeping the neck and cervical vertebrae functioning correctly, therefore it is vital for restoration from any issues in the neck.

Support: The direct application to help all the above is the Umbilicus Sequence in chapter nine of the Textbook.

The Umbilicus Sequence is a descending energy that helps all descending energy. It helps all projects in the hip level.

The #23, 25 combination sequence, in chapter three of the Textbook, is the priority of quickies for the Umbilicus and the Diaphragm sequences.

Note: This sequence is also noted for helping people with relationship issues due to gaining a better perspective when this energy is functioning correctly.

See the special diagram in this issue for more information and assistance.

I suggest that everyone try the umbilicus and #23, 25 sequence for several weeks and see the difference it makes in your health and life.

Editor's Corner

As editor-in-chief of the *KIMA Journal*, I would like to say welcome to the fourth edition and thank you for your readership and support as we get this project off the ground. We have received a good response rate and we hope to continue bringing you engaging and topical information in the future.

I've taken the liberty of creating the "Editor's Corner" to get to know you, the reader. The *Journal* is full of important and helpful medical and natural health information, which is a field that is far from my forte. But this publication is about more than medicine; it's about being human, a subject in which we are all experts. Humanity encompasses all the triumph and tragedy of this symphony called life, down to the minute details that only God can possibly catch.

Allow me to make this the lighter side of this serious publication, since the idea was birthed from a lighthearted moment. I recall riding with my parents to the airport on a bright summer morning when we were caught in rush hour traffic. I looked out the window to see a woman, perhaps in her mid-30s, applying pencil eye-liner while using her rearview mirror as her cosmetic reflection device. Many moments came when she was busy applying make-up that she wasn't paying attention to the slow-moving traffic around her.

Make-up and I are not fond of one another, but I am aware of the intense concentration required to its application. I could only imagine the unhealthy and dangerous implications had the traffic been moving at normal speed as this woman was "putting on her face." I imagined her foot slipping from the brake pedal and the car gingerly rolling forward until it's front bumper collided with the back one of the car in front of her. A domino effect has begun, and car after car bumps into the next until finally 10 cars block the right lane of a two-lane highway with 10 drivers exchanging insurance information.

And then I imagined what happened to that woman when she was applying the pencil liner as her car collided with the next. Ouch, not pretty. I believe there was a beer commercial that simulated the results.

Amidst discussion, a little laughter and my usual tirade on human stupidity depicted in this plausible scenario, my dad simply responded, "You should write about it."

And here we are. Ladies, leave the cosmetics at home. The possible worst-case scenario is not a pretty one at all.

Thanks and enjoy.
Christine Dao

Everyone's Talking

KIMA-TALK!

We've all experienced it. TKM® overload! We're excited! We're ready to go. Then it hits us – we no longer have someone to talk with about TKM®. What do we do when we have questions?

Once we start working on people, we start having incredible results. Where do we share all the exciting reports?

For those who want to talk with someone who understands, there's good news!

If you completed Level I, II & III training, there is a forum just for you. Current members of the forum say it feels like the training seminar never ended. It's a great way to share stories, **ask questions**, learn something new, problem solve together, rejoice with one another and pray with over a hundred people who have a passion for TKM®.

Join us today! Contact TKI to be added to KIMA-Talk. The discussions are great. The camaraderie is excellent. And the thirst for more talk about TKM® is satisfied.

Note: When you email TKI, include your Level I, II, III training location, approximate date and your phone number.

Email Response Corner

Congestive Heart Failure

Q: My husband was diagnosed with CHF over a year ago. The condition became so bad, that last Friday, he had a defibrillator implanted into his chest. His doctor said the heart was only functioning at about 10%.

I'm very disturbed by this, because my husband is only 42 years "young". He has a history of hypertension (more than 10 yrs.) and hates taking his meds on a regular basis or following up with physician appointments. I tried to convince him to try natural remedies such as herbs, fruits, and to naturally detox, etc...but he was just not receptive.

I'm now concerned with the side effects this "alien" object may have on his body, so I would like to know if your procedure can do anything to strengthen his bad heart.

Please let me know!

Sincerely, Mrs. Concerned (name withheld)

A: The direct answer is "yes"! Although, it is more difficult once the device is implanted, due to the continual interference with the normal functioning of the heart and energy of the body. TKM has proven to be very beneficial for many people in recovering from CHF, when they follow the protocol needed. TKM can still help your husband, it will just take more intense work and a longer period, with continued maintenance due to the implant. I would start now to help prevent further problems.

Flu Shots Are Ineffective, Obsolete and Dangerous

By Christine Dao

The *Associate Press* reported in February that a study by the National Institute of Health, published in the *Archives of Internal Medicine*, suggests giving flu shots to the elderly has not saved any lives. The study is based on more than three decades of research and challenges current standards on who should and should not receive flu vaccinations.



“There is a sense that we’re all going to die if we don’t get the flu shot,” Lone Simonsen, the study’s lead author and epidemiologist at the National Institute of Allergy and Infectious Diseases in Bethesda, Md., told the *AP*.

The U.S. Centers for Disease Control and Prevention says that the NIH research isn’t enough and it doesn’t plan to change its advice regarding flu vaccination.

“We think the best way to help the elderly is to vaccinate them,” CDC epidemiologist William Thompson said. “These results don’t contribute to the changing vaccine policy.”

In last fall’s flu vaccine shortage, the CDC recommended that people over 50, nursing home residents, pregnant women and children 6-23 months old should be vaccinated and healthy adults under 65 should forgo the flu shot. Heeding the government’s public health message, thousands of older Americans waited in long lines to receive flu shots.

This is the opposite of the national media announcements last year which quoted various leading studies demonstrating that young children and people over age 50 were of higher risk concerning any percussions from the flu vaccine. Ages 20 to 50 of healthy people were the ones recommended for the flu vaccine.

Former head of the nation’s vaccine strategy, Dr. Walter Orenstein, said the CDC should consider the study’s results and shift its focus to vaccinating school children, the group most likely to spread the flu virus. The vaccine is less effective in the elderly than in younger people.

In February, the CDC also reported that flu shots given to older Americans were down from 65 percent in 2003 to 59 percent in 2004. Simonsen said she didn’t expect to see an increase in flu-related deaths corresponding to the decrease in shots.

Even still, during the same vaccine shortage, the CDC admitted that current vaccines are not designed to contend current flu strains, the same dilemma year after year. So even if the CDC shifts its priority to vaccinating school children first, the vaccine will not prevent the recipient from falling ill to the current virus.

The flu, just like any sickness, is the result of breaching the body’s defense system. Contaminants, diseases and allergens are our constant companions, whether we like to think of it that way or not. We don’t fall prey to them, however, because when our immune systems work, they don’t bother us. So the focus ultimately should be to fortify the

immune system, not take obsolete vaccinations. It’s like trying to up-load an old virus program on a brand new system. It doesn’t help.

Even if flu shots were not obsolete, they are still very dangerous. The first vaccines against small pox proved effective but perishable.

Nowadays, vaccine manufacturers preserve their products with a mercury mixture. Yes, they actually put mercury inside the vaccine, meaning that when someone receives a flu shot, he or she also gets an unhealthy dose of mercury.

The companies that make the vaccines claim the mercury doses are not harmful, yet research in recent years has proven otherwise. Unlike other harmful substances such as alcohol, marijuana or bullets for that matter, which can eventually pass through and out of the system, mercury finds a nice home in the body’s fat cells. Note: the brain is a conglomeration of fat cells.

As the NIH study has proven, the flu vaccine is ineffective, at least in the elderly. Logic would dictate that an ineffective vaccine in a person with a weaker immune system would render the same vaccine ineffective in persons with stronger immune systems, namely individuals under the age of 65.

In the *AP* report, Ira Longini, a biostatistics professor at Emory University, is the one who said the vaccine doesn’t work very well in the elderly. His statistical models show that vaccinating children age 5-18 would save more elderly Americans from hospital visits and death.



However, what would work more effectively is foregoing the flu shot (as thousands of Americans did this past season) and its potential mercurial hazards and building up the immune system with Vitamin C and proper supplementation.

Most people are chronically dehydrated from one degree to another, therefore increase your daily clean water intake. Most people of any age can ward off such common viral invaders by applying the median sequence once or twice daily (as taught) and include one or two other daily applications of TKM® which apply to your specific needs to maintain a stronger biochemical system. There are a number of simple self-help techniques in the front portion of TKM® Self-Help book which will keep most people free from these common pests.

We also suggest a natural simple remedy called Rhus tea (see inside of back cover). A small daily dose of good tea has been very effective in keeping people free from common viruses by stimulating the immune system and creating an unfriendly environment for those microscopic invaders.

Geopathic Grids

What you can't see can harm you!

Geopathic grids, which emit up from the earth are better scientifically understood in the science of BioGeometry. BioGeometry is being studied around the world by some of the top universities and scientists. This study will provide a greater understanding of these energetic grids and how we can live a more healthy life in such an environment.

BioGeometry in general is an interdisciplinary collaborative project involving researchers and students from Duke University, Stanford University, University of North Carolina Chapel Hill, and North Carolina A&T University whose goal is the development of new computational techniques and paradigms for representing, storing, searching, simulating, analyzing, and visualizing biological structures.

The function of all life forms depends on organization in space and time, and the effect of one part of a biological system on another is generally much greater when the two parts are in close proximity in space and/or time. In themselves, these two observations would seem to indicate that geometric methods should be an essential component of any attempt to understand and simulate biological systems.

Existing techniques in computational structural biology and bioinformatics, however, rely primarily on sequence information and use statistical and energy-based methods to analyze biological structure and function. They have been developed over three decades and have their roots in methods first applied by computational chemists to much smaller molecular systems. Although there have been significant advancements in the field, a systematic solution to many of the most important biological problems is still elusive. It is widely believed that the geometry of molecules plays a crucial role in these processes.

Ideas from a wide range of areas of computer science and mathematics, including algorithms, geometry, topology, graphics, robotics, and databases will be needed to accomplish our goals. Some of the problem areas to be addressed represent great challenges for computer science itself. These include building and querying large libraries of three-dimensional and possibly flexible shapes, exploring hierarchical representations of deformable geometry, integrating geometry and physics in modeling, and properly sampling systems with many degrees of freedom.

To simplify the aspect of BioGeometry in relation to the study of Geopathic grids, the following email from Dr. Robert J. Gilbert (www.vesica.org), should help.

Thanks for your email. I'm happy to share with you information regarding Geopathic grids. The nature of these grids, and methods to deal with them, is an involved topic; however in this email I will do my best to lay out the basics. With the work that we do we are contacted by many people for information, but I must say I was especially pleasantly surprised to get your email.

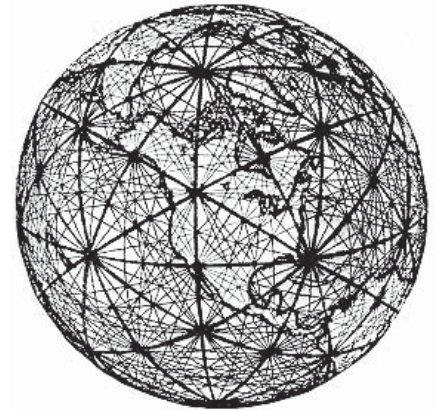
I find your work (TKM®) very interesting and valuable. I honor you for making your energy pathway therapy so accessible to help others in the spirit of Christian service. First a quick comment on background.

The work that I do regarding Geopathic grids is one part of the BioGeometry training. BioGeometry is based in Egypt, developed by a brilliant Architect and Energy Researcher, Dr. Ibrahim Karim. It incorporates a number of unique methods to evaluate, manifest, and balance a wide variety of human and environmental energies; I am fortunate to have been the first American authorized to teach it. I also teach a greater context for the Grids in my Sacred Geometry training, which lay out the core Geometric energy patterns which all of creation is based on (and which are described in great detail in the sacred texts of the world's great spiritual traditions). I developed my Geometry training over the last 20 years, combining my scientific background as a U.S. Marine Corps instructor (in Nuclear-Biological-Chemical Warfare Survival) with research into over a dozen world spiritual traditions.

In what follows I will describe general aspects of the Grids (which most people involved with this research are aware of) and also more specific information related to what I consider to be the best solution to Geopathic problems (which relatively few researchers are aware of), namely the techniques from BioGeometry.

GEOPATHIC GRIDS

These Earth Grids are known as Geopathic because they weaken the human energy field, contributing to disease and illness. In modern times there were major studies done in Austria and Germany, which indicated that these areas of toxic energy rising from the Earth contributed to Cancer, Arthritis and other degenerative diseases. The farmers in those areas were already aware of these Geopathic



energies from their observation of problems with crops and animals. Geopathic energies are essentially a type of toxic radiation. European Radiesthiasts have developed methods to detect these energies, often providing the service of checking out a person's home (especially where one spends a lot of time, such as the bed) to identify and help protect against any Geopathic energies present.

Geopathic energies are usually analyzed in one or more of three different spatial configurations, depending on the person doing the work:

LINE: The Geopathic energies are commonly found in lines of energy, which may be perfectly straight (usually connected to Grids) or winding (usually connected to underground water or fissures in the Earth.) The line of energy usually extends upwards like a sheet of energy.

ZONE: A localized area which is entirely affected by the Geopathic energy.

GRID: These are regular geometric patterns spread over an area, or the entire Earth, all of which are based on a square/cube geometry. The squared grids were well known in the ancient world and incorporated into the overall design of a building or temple; there are very detailed German studies showing how this was done in ancient Egypt, Greece and Rome. We deal with these principles in our BioGeometry work.

(A brief aside which you may find of interest as a Christian: The square/cube grid is, in my mind, spiritually related to the design of important Temples described in the Western Spiritual Tradition: The Temple of Solomon described in the Old Testament is based on a double square/cube [the "Holy Place"] and the Cube [the "Holy of Holies."] The Temple of Solomon geometry is described in great detail in the Bible,

Continued on page 8

TKM® INSTRUCTORS



Get to know the TKM instructors better! We will feature an instructor in each issue of the Journal. In this issue we are honored to introduce

Linda Kane

Linda Kane's experience in the field of special needs began over twenty-eight years ago with the birth of her oldest son Scott, who was diagnosed with Down syndrome (DS). Scott was born at a time when the standard recommendation was to institutionalize children born with DS. Refusing to even consider such a thing, Linda and her husband, Lee, ventured out on their own looking for answers that would help their son. Sadly, most of their early education was finding what did not work. They were fast becoming veterans of numerous unsuccessful programs and therapies.

Through this search for answers, Linda found the Neurodevelopmental Approach in 1989. Realizing the life changing effects of this approach, Linda entered into an eight year apprenticeship in the Neurodevelopmental field. She expanded into specialized fields by training in Auditory Integration Training, Auditory Enhancement Training, Samonas Sound Therapy, Feeding Therapy, and Oral Motor Therapy.

Desiring to have a strong Biblical foundation and Christian basis when working with families, Lee and Linda founded "Hope And A Future, Inc." in September 1999. Hope And A Future's primary mission is to give hope and specific help to families involved with developmental needs, genetic syndromes, brain injuries, Autism, and learning issues. Linda firmly believes the potential of an individual is determined by the opportunities presented to them. Hope And A Future guides families in offering the best opportunities to their children. Linda is certified through the International Christian Association of Neurodevelopmentalists, Inc. (ICAN). Currently, in affiliation with ICAN, the opportunity for continued research, study, and the exploration of options and methodologies to enhance the field of neurodevelopment is an ongoing critical part of her work.

In early 2000 an associate of ICAN introduced Linda to TKM®. Seeing immediate, dramatic results with just a few simple applications, Linda immediately began studying and training in TKM®. She knew this was a vital piece that would help the families with which she worked. Desiring more opportunity to share TKM® with others, Linda became certified by the King Institute to teach TKM® Self Help and EMT classes in March 2001. She has continued her qualifying requirements to become one of four current TKM® Instructors internationally.

Applying TKM in her work has had an incredible impact in the lives of the children and their families. There have been significant, dramatic improvements seen from the use of TKM. Utilizing TKM with her own family has truly had life changing results as well. The Lord has used The KI Method to bring better health and restoration to Linda herself. Linda says, "TKM is remarkable and truly a gift!"

Linda travels extensively around the USA seeing families, lecturing and teaching. She's worked with thousands of individuals during the past sixteen years. Lee and Linda live in Ogden, Utah. They're blessed with three sons, two daughters (in-law), three grandsons, and two granddaughters living near them. They love the Lord dearly and give Him all praise and glory for the work He has called them to do. And we welcome them wholeheartedly into the close family of TKM instructors.

TEETH

can take a bite out of your health!

Your teeth are involved in your state of health far more than what most doctors and people understand. It is not just dental hygiene or professional dental care that is important. It's how these are accomplished and how they would affect - not only your teeth, gums, jawbone, mouth and digestive tract, but every organ, gland, the brain, and virtually every function of the body including your emotional and mental health.

There are 144,000 functions that can energetically be traced to the teeth and thousands of biochemical functions. These effects are a two way correlation. The health of the tooth affects functions in the body and functions in the body can affect the health of the tooth.

The next two pages have one of the most comprehensive charts available for teeth and the following pages have a variety of dental, medical and energetic studies that are very important for the recovery of quality health and in maintaining good health.

I ask that you please follow through with studying the information provided along with the links and material referenced. If not for your sake, for your children and your grandchildren. Their health, brain function and life may depend on it.

What you're about to read most dentists do not have a clue about and will usually resist the hard facts when presented. This information is to help educate you in order to arm you with facts to make wise and educated health choices for you and your family.

Chart on page 8-9, article continued on page 10.

Pulse Puzzle

Pulse puzzle is a regular part of each *KIMA® Journal* issue for graduates of Level II and above to help learn more about pulses. The following are some abbreviated examples used in the pulse puzzles, similar to demonstrations in class.

S = Silent

L = Loud

W = very weak pulse

The numbers (1st -5th) represent the stratum texture.

FWT = Fluff with Tone.

The study example is below and the observation and suggestions are on page 10.

3rd L	Lg. Int.	Sm. Int.	5th L
FWT	Lung	Heart	FWT
1st W	ST	GB	3rd L
S	SP	LV	FWT
3rd L	DIA	BL	4th w
S	UMB	KD	S

Think of common denominators and processes of elimination to determine options before viewing the suggestions.

Continued from page 6

emphasizing the importance of its geometry, which was said to be so energetically perfect that the Seraphim [the highest of the Angelic hierarchies described in the works of the apostle Paul's pupil Dionysius the Areopagite] manifested in the Temple. The New Jerusalem described in the Book of Revelation is a Cube. The question then arises: why would geopathic grids be associated with perfected spiritual forms?).

MAJOR CAUSES OF GEOPATHIC ENERGIES

UNDERGROUND WATER: One of major causes of Geopathic stress is underground streams of water and their crossings. A famous study by Baron Gustav von Pohl in 1929 in the Bavarian town of Vilsbiburg investigated the high rate of Cancer among citizens there. He used water divining methods to map out all of the major underground water streams, then compared the map to one drawn by the local Doctor indicating the site of the homes of the 54 recent Cancer victims in the town. Von Pohl found that all of the Cancer deaths were of people living directly above the underground water streams he had charted. With further research he found that underground water courses created natural electrical currents and radioactivity, and that the intensity of the energies can vary according to Moon cycles and other phenomena; in other words the geopathic radiation is a dynamic, not a static, phenomenon which is in relationship to other environmental energies.

EARTH STRATA AND ORGANIC DEPOSITS: European studies have indicated that different types of soil and mineral structure layers create different types and intensities of Geopathic energies. Even overlapping different substances in the Earth can create toxic effects.

EARTH FISSURES AND FAULT LINES: Various discontinuities underground can create toxic radiations; the most prominent example is fault lines in the Earth's crust, but all types of rifts in the Earth can create Geopathic zones.

Dr. Gilbert presented a concise and simple explanation concerning the basics of Geopathic energies, now let's look at a few in particular.

GEOPATHIC GRIDS:

Let's begin with the most well known: **The Hartmann net** consists of naturally occurring charged lines, running North-South and East-West. It is named after Dr. Ernest Hartmann, a well regarded German medical doctor, who first described it soon after the second world war. Alternate lines are usually positively and negatively charged, so where the lines intersect it is possible to have double positive charges and double negative charges, or one positive and one negative charge. It is the intersections that are seen to be a source of potential problems.

The Hartmann Net appears as a structure of radiations rising vertically from the ground like invisible, radioactive walls, each 21 centimeters (9 inches) wide. The grid is magnetically orientated, from North to South they are encountered at intervals of 2 meters (6 feet 6 inches), while from East to West they are 2.5 meters (8 feet) apart. Between these geometric lines lies a neutral zone, an unperturbed micro-climate. This network penetrates everywhere, whether over open ground or through dwellings.

The Hartmann net has been defined in Chinese Acupuncture terms of Yin and Yang. They call the North-South lines Yin, because it is a cold energy which acts slowly, corresponds to winter, is related to cramps,

humidity and all forms of rheumatism. The East-West lines called Yang, is a hot, dry and rapidly acting energy. It is related to fire and is linked to inflammations.

The points formed by the intersection of these lines, whether positive or negative, are dynamic environments sensitive to the rhythms of the hours and the seasons. [You will find these correlations also in TKM, with some differences]

It's been suggested that both the Curry grids and Hartmann can be distorted by other things, such as geological fault lines and underground mining. It's also possible to have spots where the Curry and Hartmann lines cross, causing further potential problems. These spots are generally seen to be more detrimental than a single crossing within the Curry or Hartmann system.

Curry lines are a global grid network of electrically charged lines of natural origin. These lines run diagonally to the poles (true or magnetic?) and were first discovered by Dr. Manfred Curry and Dr. Wittmann. There is some disagreement between authorities as to how wide apart these lines are, but the consensus seems to be approximately 3 meters, although most experts recognize that this can vary. These lines are not seen as a problem, only the points where they cross, and obviously lines which run in this way will have numerous intersecting points. As the lines are electrically charged, the intersecting points are either double positives, double negatives or one of each. From his studies Dr. Curry felt that the positively charged spots lead to a proliferation of cells, with the possibility of cancerous cell growth, whereas the negatively charged spots could lead to inflammation.

Schumann waves are naturally occurring, beneficial electromagnetic waves that oscillate between the Earth and certain layers of the atmosphere. They were first identified in 1952 by Professor W.O. Schumann, a German scientist. He found that these waves are almost the same frequency as brain waves and follow a similar daily pattern. It has been suggested that these waves help regulate the body's internal clock, thus affecting sleep patterns, hormonal secretions, the menstrual cycle in women and so on. The American space agency NASA became interested in this phenomenon when the early astronauts returned to Earth only after a short time in space feeling distressed and disorientated. Subsequently NASA installed equipment to generate Schumann waves artificially in their spacecraft. Some modern buildings with reinforced concrete and metal roofs can inadvertently shield occupants from these beneficial waves. Part of the reason why people suffer from jet lag is that Schumann waves are much weaker at normal flying altitudes and the effect is further weakened by the metal fuselage.

There are also important Geopathic energies to consider, which we will save for a future issue of the KIMA® Journal.

There are now consumer meters available which claim to be able to detect Geopathic grid energies for about \$700 to \$800. Although we cannot endorse these without further research for effectiveness and accuracy, the availability is greatly improving over the \$10,000 meter from Japan. Currently the best way for the public to locate these meters is proper muscle testing, then having it double or triple checked by one or two other people who have no information about the previous test results. This is further explained in some TKM® classes.

Continued from page 7

There is a source to find dentists that have updated training and special knowledge concerning many of the dangers related to dentistry. The source is an American dental academy that has rapidly spread its outreach of up-to-date wholistic dentistry to many countries around the world.

The **American Academy of Biological Dentistry** is the largest and most reputable medical source of healthy dentistry. The Academy was co-founded in 1986 by Dr. Edward Arana and Dr. Gary Verigin. This academy of dentists are very interested in the energetic relationship of the teeth to the rest of the human body.

AABD acknowledges the great work Reinhold Voll, M.D. initiated and developed along with the tremendous contribution made by Dr. Fritz Kramer in showing the energetic relationships of the teeth to the organs, glands, joints, muscles, nerves, vertebrae, dermatomes, sinuses, reflexes and fields of disturbance. These contributions will become an integral part of the foundation of 21st Century Medicine.

Some quotes about Biological Dentistry:

"If I needed to remove either the Medical or Dental component of my Clinic, I would keep the Dental because chronic problems will not resolve without Biological Dental care..."

Dr. Thomas Rau, Director of Paracelsus Clinic, Switzerland

"There are so many health issues that are caused or perpetuated by problems in the mouth that the Dental division of a comprehensive center is indispensable..." Dietrich Klinghardt, M.D., Ph.D.

There is much information to be learned from the AABD website as well as where to find a biological dentist in your area.

www.biologicaldentistry.org

Congressman Dan Burton says, *"Thousands of parents, hundreds of doctors and scientists, and several congressmen agree: "The Cause of Autism -- and its Cure -- has been found."*

The incidence of autism has increased from 1 in 10,000 in the 1970's to 1 in 150 today, an increase of over 6,000%. Many more children have been diagnosed with other neurodevelopmental disorders all considered to be on the same spectrum including Asperger's, ADHD/ADD, speech delay, and many other developmental delays and learning disabilities.

"During these investigations, numerous scientists from around the globe have testified before the committee, and have presented credible peer-reviewed research studies that indicated a direct link between the exposure of mercury, a widely known neurotoxin, and the increasing incidences of autism."

Congressman Dan Burton (R-IN) Chairman, Subcommittee on Human Rights and Wellness, U.S. Congress, Head of Three Year Congressional Investigation into Mercury In Medicine Pub. September 8, 2004. Generation Rescue has additional information at: www.GenerationRescue.com

Dr. Rashid Buttar says, *"It is the elimination of this "spark", i.e. mercury, for which we now have an easy and effective solution. Along with some supportive therapies, autism and certain other*

Neurodegenerative diseases can be fully and permanently reversed."

Dr. Buttar says, "This is NOT a theory but rather, a protocol that has already been clinically validated and the evidence is irrefutable."

Dr. Rashid Buttar, DO, FAAPM, FACAM, FAAIM and Vice Chairman, American Board of Clinical Metal Toxicologists. A Doctor of Toxicology, one of many physicians successfully treating children with Autism Spectrum Disorders. Testimony Before Subcommittee on Human Rights and Wellness, U.S. Congress May 6, 2004. [Please know that they may not have the full picture, our experience is that dealing with Mercury is not always easy.]

Mercury Free and Healthy

"The first wealth is health."

Ralph Waldo Emerson

"Diseases are crises of purification, of toxic elimination."

Hypocrites, 500 BC

The Dental Amalgam Issue

"A terrible sin against humanity"

Dr. Alfred Stock, 1926

International Academy of Oral Medicine and Toxicology The IAOMT is a membership organization for dental, medical and research professionals who seek to promote mercury-free dentistry, and raise the standards of scientific bio-compatibility in dental practice.

Their motto is

"Show me the science"

www.iaomt.org

Note: I highly advise the viewing of this presentation (link address is below), if you have any doubts about the outgassing of dental mercury.

www.iaomt.org/smokingtooth.cfm

Plus, how mercury causes brain degeneration video:

www.movies.commonscalgary.ca:16080/mercury

Mercury in Dental Filling Disclosure and Prohibition Act

Statement by Congresswoman Diane Watson (D-Los Angeles)

Los Angeles, California

November 5, 2001

Mercury is an acute neuro-toxin. It is the most toxic non-radioactive element and the most volatile heavy metal. In recent years, it has been, or is being, removed from all health care uses, save one. Antibiotics have replaced oral doses of Mercury. The disinfectant Mercurochrome is banned. Recently, the Centers for Disease Control ordered Mercury preservatives removed from childhood vaccines. Mercury preservatives are no longer used in contact lens solutions. This year, legislatures in California and several other states banned Mercury thermometers. When Governor Gray Davis signed bills addressing Mercury in thermometers and in dental fillings, he said, *"Mercury is a persistent and toxic pollutant that bioaccumulates in the environment."* In recent years, the American Public Health Association, the California Medical Association, and Health Care Without Harm have all called for the elimination of putting any Mercury in the human body.

Continued on page 14

Continued from page 1

The MD behind their names carries a lot of weight, yet not many are willing to use it beyond prescribing medication or surgery.

We salute Dr. Stahl and Dr. Lahr's research. However, the idea of using antidepressants to treat colon problems is not a solution in itself. Treating depression means treating the causes of depression, which entails anything from life-style and dietary changes to confrontation with the demons of the past. Once we free ourselves from that bondage, then our physical health will follow suit.

After all, there's much truth to "how you digest life will be how your system digests."

Some TKM advice! If you're having similar issues, I suggest starting with the Stomach, Spleen and #1 sequences. Be sure and increase your daily clean water intake because most people are chronically dehydrated to some level. I would include the #13 sequence and umbilicus sequence (page 12 in this issue) for the emotional and relationship factors as well as bodily functions.

Note: For any chronic situation concerning the gut or chronic constipation, it is crucial to have the guidance of an experienced health professional.



The Special Pulses and Body Biography class in Raleigh last month was filled with camaraderie and a serious focus from students on learning more about TKM®, but with a lightheart. People were commenting about getting a deeper understanding and grasping the concepts more than before. These have always been special classes, hence the name.

Pleasant words are a honeycomb, sweet to
the soul and healing to the bones.
- Proverbs 16:24

ANNOUNCEMENTS

The **EMT and Self-Help** classes have been professionally filmed and will be ready to release next year to participating students for the purpose of reviewing the material, which is one of the primary purposes.

These videos will be discounted to students at classes.

Another purpose is to provide some introductory TKM help for the people who contact the Institute from around the world for serious needs and have no finances or ability to come to the USA for training or sessions. As you well know, the books are not teaching books (they don't teach the method), but the videos will help teach an introduction with the books as reference guides. The need for these materials, for this purpose, is very important.

The **DVD's/Video's** are not designed to replace the training that will never be! Therefore, in 2006 when you attend an EMT or SH class you'll have the choice of purchasing a review DVD or video.

Energy Sphere Video

A special treat is being released next month (August) for everyone! The long awaited Energy Sphere DVD/Video! This professional video will demonstrate the accurate location of all 26 Energy Spheres and more variations than presented in the Textbook.

This training video demonstrates each E.S. on the body in layman terms and anatomical terms. Visual anatomy references are included for each E.S. in an easy to learn presentation that everyone can understand for accuracy.

For years we've seen that students, even though repeating classes have had a varied understanding of the E.S. locations, mostly due to us not being able to take enough repetitive time with each individual to thoroughly train them. But, now this new learning tool can be reviewed over and over until you become accurate with each location. Plus, everyone else will have the same learning available to remove the doubt of knowing just where to place your fingers. We are very excited about this video. I feel this will be the most valuable single tool for everyone desiring to learn TKM, at any level. This is the most vital training tool for everyone who has ever attended a class, purchased a book or that will in the future.

TKM® Video on DVD

Yes! We have made the transition to DVD for the video (the original TKM video) that has introduced so many people to TKM. We will continue to provide the video VHS and PAL format until there is no more demand.

The Website Has A Professional Make-over

There will be a complete new website designed and online by the end of August. It has already been in the creation stage for two months. Our goal is to provide you with the best representation, education and service that we can. We hope you will visit the site and recommend it to others. We feel it will be an excellent way for you to introduce people to the TKM and the King Institute, Inc. We look forward to your feedback.

Introduction to TKM® (for the public)

The estimated time for the new book or booklet to be released to the public this Fall 2005. The book will be a introduction and simple explanation about TKM for the person who is unaware of TKM or wants to learn something about TKM.

We feel it will also be a great tool for students to introduce others to TKM. We think this book will accomplish similar to what the TKM video has accomplished, although on a much broader scale. This TKM introduction to the public will be more comprehensive and involve a personal appeal than the video represented. We prayerfully and in preparation have great expectations for the lives this book will help, by being a seed. We ask you to join us in prayer for this book to be annointed and serve God's purpose, in providing hope and help, in a huge way. The book is expected to be released this Fall, 2005.

There are other books in process planned to be released in 2006. We thank you for your prayers and support for these projects!

Energy Correlations with Teeth

Endocrine Glands	Pituitary gland Anterior lobe (Circulation)	Parathyroid	Thyroid	Thymus	Intermediate lobe Pituitary Gland	Posterior lobe Pituitary Gland Hypothalamus	Pineal Gland		Intermediate lobe Pituitary Gland Hypothalamus	Pineal Gland	Posterior lobe Pituitary Gland Hypothalamus	Thyroid	Thymus	Thyroid	Parathyroid	Pituitary gland Anterior lobe (Circulation)
							Nose	Nose								
Sensory Organs	Cavernous Sinus Internal Ear (Middle Ear) Tongue	Tongue		Nose		Eye Posterior Portion	Nose	Nose			Eye Posterior Portion			Tongue	Cavernous Sinus Internal Ear (Middle Ear) Tongue	
Paranasal Sinuses		Maxillary Sinus		Ethmoidal Bronchus Cells			SPHENOIDAL SINUS									
JOINTS	Right: Shoulder - ulnar side, Elbow - ulnar side, Hand - ulnar side, Foot - Plantar side TOES SACRO - ILIAC JOINT	Right JAW - TMJ	Anterior Hip	Anterior Knee	Medial Ankle Joint	Right Posterior Hip & Knee	Sacro - Coccygeal Joint	Frontal Sinus	Right Posterior Hip & Knee	Left Posterior Hip & Knee	Left Posterior Hip & Knee					Left: Shoulder - radial side, Elbow - radial side, Hand - radial side, Foot - Plantar side TOES SACRO - ILIAC JOINT
Segments of Spinal Marrow & Dermatomes	SC2 SC1 STH1 SC8 STH7-6-5 SS2 SS1	SC2 SC1 STH12 STH11 SL1	SC2 SC1 STH12 STH11 SL1	SC5 SC6 SC7 STH2 STH3 STH4 SL4 SL5	SC2 SC1 STH8 STH9 STH10	SC2 SC1 STH8 STH9 STH10	SS3 SS4 SS5 SCO		SC2 SC1 STH8 STH9 STH10	SC1 SC2 STH8 STH9 STH10	SC1 SC2 STH8 STH9 STH10				SC1 SC2 STH11 STH12 SL1	
VERTEBRAE	C2 C1 T1 C7 T7 T6 T8 S2 S1	C2 C1 T12 T11 L1	C2 C1 T12 T11 L1	C2 C1 C7 C6 C5 T4 T3 T2 L4 L5	C2 C1 T8 T9 T10	C2 C1 T8 T9 T10	C2 C1 L3 L2 S5 S4 S3 Coccyx		C2 C1 L3 L2 S5 S4 S3 Coccyx	C2 C1 T8 T9 T10	C2 C1 T8 T9 T10				C2 C1 T1 C7 T7 T6 T8 S2 S1	
Ascending Organs	HEART Right Side	PANCREAS		LUNG Right Side	LIVER Right Side	LIVER Right Side	KIDNEY Right Side		KIDNEY Right Side	LIVER Left Side	LIVER Left Side			SPLEEN	HEART Left Side	
Descending Organs	Duodenum - Right Side, Terminal Ileum	Oesophagus, Stomach Right Side		Large Intestine Right Side	Gallbladder Biliary Ducts Right Side	Gallbladder Biliary Ducts Right Side	Urinary Bladder Genito - Urinary Area Rectum - Anal Canal (Ovary, Uterus, testicle and Prostate)		Urinary Bladder Genito - Urinary Area Rectum - Anal Canal (Ovary, Uterus, testicle and Prostate)	Gallbladder Biliary Ducts Left Side	Gallbladder Biliary Ducts Left Side			Oesophagus, Stomach Left Side	Duodenum, Left Side Jejunum Ileum Left Side	
TISSUE SYSTEMS	Central Nervous System Limbic System														Central Nervous System Limbic System	
OTHER SYSTEMS	Small Int. Right Side Pericardial	Mammary Gland, Right BREAST													Small Int. Left Side	
TONSILS	Lingual	Laryngeal (Larynx) Oropharynx		Tubal	Pal	Pal	Pharyngeal		Pal	Pal	Pal			Laryngeal (Larynx) Oropharynx	Lingual	
TKM ANS to Vertebrae	T11 T12	T7	T6	T5 T6	T4 T5	T3	T2	T1	T1	T2	T3	T2	T1	T6	T11 T12	
TKM ANS to Organs, etc.	KIDNEY	SPLEEN Allergy Infection	Pancreas Natural Insulin Enzyme	Diaphragm Gastric	Bile Ducts	LUNG Sinus	Myocardial-Vascular	Coronary 1st Rib	Coronary 1st Rib	Myocardial-Vascular	LUNG Sinus	LUNG Sinus	Coronary 1st Rib	Pancreas Natural Insulin Enzyme	KIDNEY	
Element	FIRE Fire	WATER Earth	FIRE Earth	FIRE Earth	EARTH Metal	EARTH Wood	AIR Water	AIR Water	AIR Water	AIR Water	EARTH Wood	Large Intestine	Bladder	KIDNEY	FIRE Fire	
TKM Organ Energy	Diaphragm Umbilicus	Bladder	Small Intestine	Heart Sm. Intestine	Spleen Heart	Stomach	Large Intestine	Lung	Lung	Large Intestine	Stomach	Large Intestine	Bladder	Small Intestine	Diaphragm Umbilicus	
Jaw Segments	Heart / Sm Int. Dia / CS	Sm. Int.	Pancreas	Lg. Int.	Lung	Liver GB	Bladder	Kidney	Kidney	Bladder	Liver GB	Bladder	Kidney	Pancreas	Heart / Sm Int. Dia / CS	
RIGHT American European	3rd Molar Right upper (wisdom)	2nd Molar Right upper	1st Molar Right upper	2nd Bicuspid Right upper (Premolar)	1st Bicuspid Right upper (Premolar)	Canine Right upper (Cuspids)	Lateral Incisor Right upper	Central Incisor Right upper	Central Incisor Right upper	Lateral Incisor Right upper	Canine Left upper (Cuspids)	Bladder	Large Intestine	Central Incisor Left upper	2nd Molar Left upper	3rd Molar Left upper (wisdom)
RIGHT	1 / 8	2 / 7	3 / 6	4 / 5	5 / 4	6 / 3	7 / 2	8 / 1	9 / 1	10 / 2	11 / 3	12 / 4	13 / 5	14 / 6	15 / 7	16 / 8

		LEFT																	
		3rd Molar Right lower (wisdom)	2nd Molar Right lower	1st Molar Right lower	2nd Bicuspid Right lower (Premolar)	1st Bicuspid Right lower (Premolar)	Canine Right lower (Cuspids)	Lateral Incisor Right lower	Central Incisor Right lower	Central Incisor Left lower	Lateral Incisor Left lower	Canine Left lower (Cuspids)	1st Bicuspid Left lower (Premolar)	2nd Bicuspid Left lower (Premolar)	1st Molar Left lower	2nd Molar Left lower	3rd Molar Left lower (wisdom)		
		32 / 8	31 / 7	30 / 6	29 / 5	28 / 4	27 / 3	26 / 2	25 / 1	24 / 1	23 / 2	22 / 3	21 / 4	20 / 5	19 / 6	18 / 7	17 / 8		
		FIRE Fire	AIR Earth	AIR Earth	EARTH Earth	EARTH Earth	WOOD Wood	WOOD Wood	WATER	WATER	WOOD Wood	EARTH Earth	EARTH Earth	AIR Earth	AIR Earth	FIRE Fire			
		Circulation		Ovaries / Testicles		GONAD		ADRENAL GLAND		ADRENAL GLAND		GONAD		Circulation		Circulation			
		Pericardial		Ovaries / Testicles		Ovaries / Testicles		Ovaries / Testicles		Ovaries / Testicles		Ovaries / Testicles		Tongue		Nose			
		External Ear (Middle Ear) Tongue		Eye Anterior Portion		Eye Anterior Portion		Nose		Nose		Eye Anterior Portion		Tongue		Nose			
		External Ear (Middle Ear) Tongue		Eye Anterior Portion		Eye Anterior Portion		Nose		Nose		Eye Anterior Portion		Tongue		Nose			
		External Ear (Middle Ear) Tongue		Eye Anterior Portion		Eye Anterior Portion		Nose		Nose		Eye Anterior Portion		Tongue		Nose			
RIGHT																			
American European																			
ElementTM																			
Endocrine Glands																			
Sensory Organs																			
Paranasal Sinuses																			
JOINTS																			
Segments of Spinal Mar- row & Dermatomes																			
VERTEBRAE																			
ORGANS																			
TISSUE SYSTEMS																			
OTHER SYSTEMS																			
TONSILS																			
TKM ANS to Vertebrae																			
TKM ANS to Organs, etc.																			
TKM Organ Energy																			
Jaw Seg- ments																			
		Right: Shoulder - ulnar side, Elbow - radial side, Hand - Ulnar side, Foot - Plantar side Toes SACRO - ILLIAC JOINT	Right: Shoulder, Radial Side Elbow, Radial Side Hand, Radial Side Foot Big Toe	Right: Jaw - TMJ Anterior Hip Anterior Knee Medial Ankle Joint	Right: Jaw - TMJ Anterior Hip Anterior Knee Medial Ankle Joint	Right: Jaw - TMJ Anterior Hip Anterior Knee Medial Ankle Joint	Right: Jaw - TMJ Anterior Hip Anterior Knee Medial Ankle Joint	Right: Jaw - TMJ Anterior Hip Anterior Knee Medial Ankle Joint	Right: Jaw - TMJ Anterior Hip Anterior Knee Medial Ankle Joint	Right: Jaw - TMJ Anterior Hip Anterior Knee Medial Ankle Joint	Right: Jaw - TMJ Anterior Hip Anterior Knee Medial Ankle Joint	Right: Jaw - TMJ Anterior Hip Anterior Knee Medial Ankle Joint	Right: Jaw - TMJ Anterior Hip Anterior Knee Medial Ankle Joint	Right: Jaw - TMJ Anterior Hip Anterior Knee Medial Ankle Joint	Right: Jaw - TMJ Anterior Hip Anterior Knee Medial Ankle Joint	Right: Jaw - TMJ Anterior Hip Anterior Knee Medial Ankle Joint	Right: Jaw - TMJ Anterior Hip Anterior Knee Medial Ankle Joint		
		SC2 SC1 ST1 SC8 STH7STH6STH5 SS2 SS1	SC2 - 1 - 7 - 6 - 5 STH4 - 3 - 2 SL5 SL4	SC2 SC1 STH12 STH11 SL1	SC2 SC1 STH8 STH9 STH10	SC2 SC1 SL3 SL2 SS5 SS4 SC0	SC2 SC1 SL3 SL2 SS5 SS4 SC0	SC2 SC1 SL3 SL2 SS5 SS4 SC0	SC2 SC1 SL3 SL2 SS5 SS4 SC0	SC2 SC1 SL3 SL2 SS5 SS4 SC0	SC2 SC1 SL3 SL2 SS5 SS4 SC0	SC2 SC1 SL3 SL2 SS5 SS4 SC0	SC2 SC1 SL3 SL2 SS5 SS4 SC0	SC2 SC1 SL3 SL2 SS5 SS4 SC0	SC2 SC1 SL3 SL2 SS5 SS4 SC0	SC2 SC1 SL3 SL2 SS5 SS4 SC0	SC2 SC1 SL3 SL2 SS5 SS4 SC0		
		C2 C1 T1 C7 T7 T6 T5 S2 S1	C2 C1 C7 C6 T4 T3 L5 L4	C2 C1 T12 T11 L1	C2 C1 L3 L2 S5 S4 S3 Coccyx	C2 C1 L3 L2 S5 S4 S3 Coccyx	C2 C1 L3 L2 S5 S4 S3 Coccyx	C2 C1 L3 L2 S5 S4 S3 Coccyx	C2 C1 L3 L2 S5 S4 S3 Coccyx	C2 C1 L3 L2 S5 S4 S3 Coccyx	C2 C1 L3 L2 S5 S4 S3 Coccyx	C2 C1 L3 L2 S5 S4 S3 Coccyx	C2 C1 L3 L2 S5 S4 S3 Coccyx	C2 C1 L3 L2 S5 S4 S3 Coccyx	C2 C1 L3 L2 S5 S4 S3 Coccyx	C2 C1 L3 L2 S5 S4 S3 Coccyx	C2 C1 L3 L2 S5 S4 S3 Coccyx	C2 C1 L3 L2 S5 S4 S3 Coccyx	
		HEART Right Side	LUNG Right Side	PANCREAS	LIVER Right Side	Gallbladder Biliary Ducts Right Side	Gallbladder Biliary Ducts Right Side	Gallbladder Biliary Ducts Right Side	Gallbladder Biliary Ducts Right Side	Gallbladder Biliary Ducts Right Side	Gallbladder Biliary Ducts Right Side	Gallbladder Biliary Ducts Right Side	Gallbladder Biliary Ducts Right Side	Gallbladder Biliary Ducts Right Side	Gallbladder Biliary Ducts Right Side	Gallbladder Biliary Ducts Right Side	Gallbladder Biliary Ducts Right Side	Gallbladder Biliary Ducts Right Side	
		ILEO - CECAL AREA Terminal Ileum	Large Intestine Right Side	Oesophagus, Stomach Right Side Pylorus Pyloric Antrum	Oesophagus, Stomach Left Side	Oesophagus, Stomach Left Side	Oesophagus, Stomach Left Side	Oesophagus, Stomach Left Side	Oesophagus, Stomach Left Side	Oesophagus, Stomach Left Side	Oesophagus, Stomach Left Side	Oesophagus, Stomach Left Side	Oesophagus, Stomach Left Side	Oesophagus, Stomach Left Side	Oesophagus, Stomach Left Side	Oesophagus, Stomach Left Side	Oesophagus, Stomach Left Side	Oesophagus, Stomach Left Side	Oesophagus, Stomach Left Side
		Peripheral Nerves	Arteries	Lymph Vessels	Mammary Gland, Right BREAST	Laryngeal (larynx) Oropharynx	Laryngeal (larynx) Oropharynx	Laryngeal (larynx) Oropharynx	Laryngeal (larynx) Oropharynx	Laryngeal (larynx) Oropharynx	Laryngeal (larynx) Oropharynx	Laryngeal (larynx) Oropharynx	Laryngeal (larynx) Oropharynx	Laryngeal (larynx) Oropharynx	Laryngeal (larynx) Oropharynx	Laryngeal (larynx) Oropharynx	Laryngeal (larynx) Oropharynx	Laryngeal (larynx) Oropharynx	Laryngeal (larynx) Oropharynx
		Energy Exchange	Energy Exchange	Energy Exchange	Energy Exchange	Energy Exchange	Energy Exchange	Energy Exchange	Energy Exchange	Energy Exchange	Energy Exchange	Energy Exchange	Energy Exchange	Energy Exchange	Energy Exchange	Energy Exchange	Energy Exchange	Energy Exchange	Energy Exchange
		Lingual	Lingual	Lingual	Lingual	Lingual	Lingual	Lingual	Lingual	Lingual	Lingual	Lingual	Lingual	Lingual	Lingual	Lingual	Lingual	Lingual	Lingual
		T11 T12	T10	T9	T8	T8	T8	T8	T8	T8	T8	T8	T8	T8	T8	T8	T8	T8	T8
		KIDNEY	Sm. Intestine	Adrenal	Liver	Bladder Ileocecal Toxins	Bladder Ileocecal Toxins	Bladder Ileocecal Toxins	Bladder Ileocecal Toxins	Bladder Ileocecal Toxins	Bladder Ileocecal Toxins	Bladder Ileocecal Toxins	Bladder Ileocecal Toxins	Bladder Ileocecal Toxins	Bladder Ileocecal Toxins	Bladder Ileocecal Toxins	Bladder Ileocecal Toxins	Bladder Ileocecal Toxins	Bladder Ileocecal Toxins
		Diaphragm Umbilicus	Liver	Gallbladder	Kidney	Kidney	Kidney	Kidney	Kidney	Kidney	Kidney	Kidney	Kidney	Kidney	Kidney	Kidney	Kidney	Kidney	Kidney
		Heart / Sm Int. Dia / CS	Lg. Int.	Lung	Stomach	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas
		Heart / Sm Int. Dia / CS	Lg. Int.	Lung	Stomach	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas	Pancreas

Sequence for Revitalizing Umbilicus Energy

This application can usually be applied on one's self.

For best results:

Preparation: Comfortably lay down or sit and simply relax, or go to sleep if someone is applying this to you. Be comfortable applying the sequence. For best results remove all metallic objects from the body and from clothing. 100% cotton clothing is best suited. When visiting, do the best you can.

Length of time: Hold each step (location) an average five minutes or up to twenty minutes if needed.

Application: Use the pads of the fingers (palm side) of the first three (index, middle, & ring) to apply contact with each location. Or, you may use all fingers (pads) if desired.

Always hold two locations when applying a sequence, one with each hand. **Important:** Pressure is not necessary to achieve results, in fact, it may inhibit the process. Contact is all that is needed to stimulate energy circulation (conductivity).

When to apply: Morning, before rising, and evening before sleep, unless more is needed. Sequence takes 30-45 minutes for best results.

Sequence for Revitalizing Umbilicus Energy. The diagram illustrates Left sequence energy spheres only, refer to (figure A-10).

LEFT Sequence, sit on the **Left side** of their body.

Procedures **Positions**
For Hands **(to)** **On Body E.S.'s**

step 1 left	to	right	20
and right	to	left	19
step 2 right	to	right	12
step 3 left	to	right	14
step 4 right	to	left	14
step 5 left	to	right	23
step 6 left	to	right	25
step 7 left	to	right	16
step 8 left	to	right	finger (ring)

RIGHT Seq. sit on **Right side**

- 1 R - L 20
- L - R 19
- 2 L - L 12
- 3 R - L 14
- 4 L - R 14
- 5 R - L 23
- 6 R - L 25
- 7 R - L 16
- 8 R - L Fin. (R)

SYMPTOMS RELATED TO UMBILICUS ENERGY

Developing calcification, thymus gland, accumulations in the body (tumor/cyst), convulsions, introversion, dysfunctional relationships, loss of hearing, tinnitus, pain in ear, swelling of throat, perspiring excessively or continuously, pain extending from behind the jaw to the neck, & from back of shoulder down the arm on the radial side, difficulties in breathing.

- Clears issues in the Neck (keeps neck clear)
- Ring finger stiffening
- Joint discomfort / Rheumatism
- Arthritis
- Kidney
- Liver
- Spleen
- Negative Attitudes
- Heart issues
- Lung issues
- Fertility projects (male or female)
- Chronic fatigue
- Helps Mental & Emotional issues

The diagram illustrates Left sequence energy spheres only, refer to (figure A-1).

Right sequence is NOT illustrated!

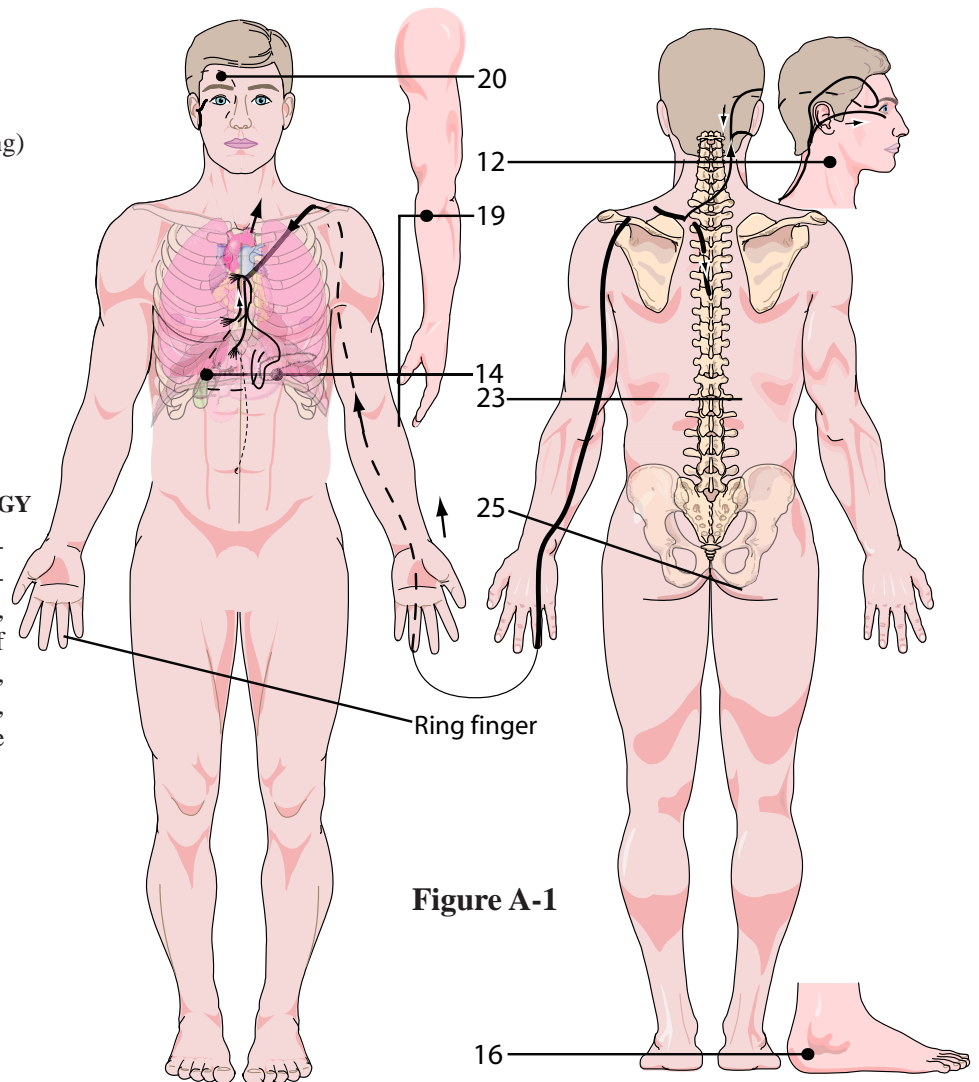


Figure A-1

Continued from page 9

Today, I am announcing legislation to disclose and phase-out the last major use of Mercury in the human body. The fillings that organized dentistry wrongly calls "silver" are mainly Mercury, not "silver."

Mercury is the major ingredient in each filling, about one-half gram per. In the words of Professor Boyd Haley of the University of Kentucky, that is a "colossal" amount of Mercury in scientific terms - as much, in fact, as is in a thermometer. A teenager with six fillings has six Mercury thermometers worth of Mercury in his or her

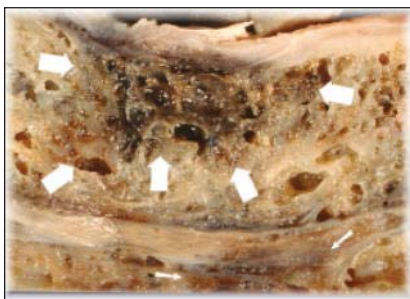


The Mercury in the fillings is volatile, such that - as all authorities concede - poisonous vapors are constantly being emitted from the fillings, more so when one chews or passes hot liquid over the teeth. The Agency for Toxic Substances & Disease Registry of the United States Public Health Service reports that those poisonous vapors go first to the brain and kidneys. For the developing brain - and by that I mean a child's brain - a major health risk exists.

The DAMS organization has extensive medical and scientific information to share for a more broad view on dental/mercury relations. You can locate them at: www.amalgam.org

Cavitation in the Jawbone

The first autopsy example of NICO was published in the Journal of Oral Pathology & Medicine in 1999. This photo, from that case, illustrates a subcortical region of mushy brown marrow with micro-cavitations (arrows), located in the mandibular second and third molar region. This was barely visible on radiographs and the patient had been previously treated, unsuccessfully (prior to NICO therapy), for atypical facial neuralgia/pain of this nerve branch and trigeminal neuralgia of the second trigeminal nerve branch. Notice the glistening brown/gray semitranslucent material around the inferior alveolar nerve. The nerve canal is mostly destroyed by the disease, leaving this "gelatinous marrow," a sign of ischemic damage.



Autopsy Case of Ischemic Osteonecrosis

A cavitation is in the jaw bone, not in a tooth. Although it is usually caused by bacterial infection related to the tooth above it and can spread through the bone of the jaw, which can affect several teeth and their correlations in the body. Most dentists do not even know the term cavitation, since a tooth does not have cavitations.

Biological dentists are trained in understanding what they are, much of how they relate to your health, how to recognize one in an x-ray and how to safely perform cavitational surgery to remedy the problem.

Continued on page 21

Health Tips

Good to know...

CNET.com, a website for technology information, has a useful page entitled "Cell phone radiation levels." The page, which is updated periodically, contains comparison charts for the radiation output of a variety of cell phones from different companies including Samsung, Sony Ericsson and the popular Nokia brand.

The charts list the maximum SAR (or specific absorption rate defined by the Cellular Telecommunications Industry Association as measuring the quantity of radio-frequency energy the body absorbs) of the different phones. According to the Federal Communications Commission, a phone's maximum SAR level must be less than 1.6 W/kg (watts per kilogram) to pass certification. The page also has links to the CTIA and FCC websites for further information.

Once you're on the homepage then locate the list on the left side and click on cell phones, then scroll down that page until you see the green bar reading Radiation Charts, and choose the chart to click on to view your phone.

CNET.com writes, "We are in no way implying that cell-phone use is or isn't harmful to your health." However, you know our position on the radiation effects of EMF's and the accumulated EMF's that cell phone antennas attract, which directly effect your head when in use, therefore your entire body.

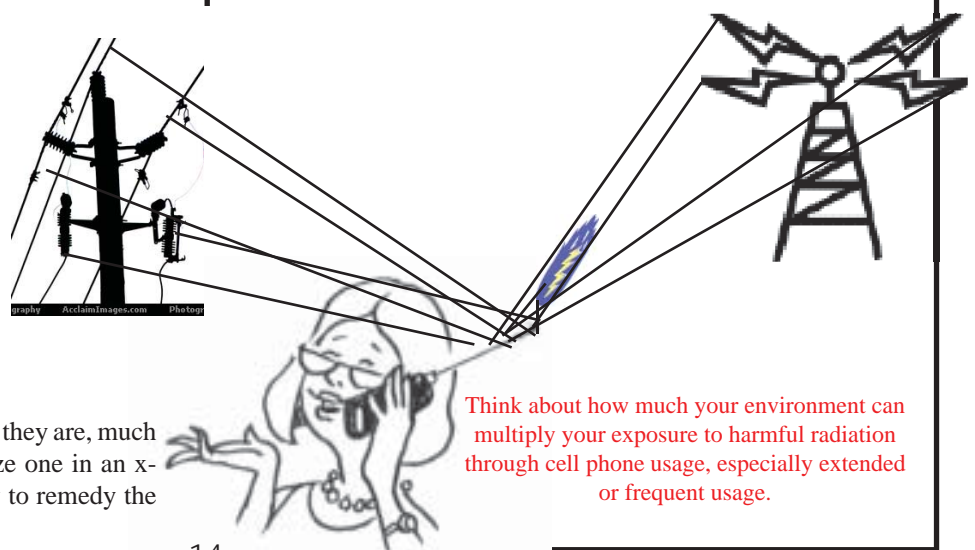
We've read many reports that are simply logical, aside from the studies conducted concerning the additional radiation that effects cell phone users. Not only is a person exposed to the radiations of the cell phone itself and the cell phone towers, but all the radiating EMF's from numerous sources which are found in most locations unless you're in the woods, then you only get the stronger ones that can reach you. The illustration above is a small example. We will keep you informed as we learn more.

Additional links to related information on cell phones.

www.sciencenews.org/articles/20030222/fob1.asp

www.rfsafe.com/DNA_EFFECTS.htm

www.cellphones.about.com/b/a/026565.htm



Think about how much your environment can multiply your exposure to harmful radiation through cell phone usage, especially extended or frequent usage.

Testimonial Corner

Hillary,

You have been on my mind since I talked with you and I told you I would do a write-up about my son and his extraordinary experiences with TKM. I fully intended to provide you with a short write-up of our experience while my 3 year old son was in the PICU (Pediatric Intensive Care Unit), but each time I sat down in front of the computer, I couldn't bring myself to take myself back to those horrible memories when I almost lost him and the terrible state he was in. As the week progressed, I thought it would have gotten easier, but I just couldn't do it.

As you know, it was a very traumatizing experience. While I know that God guided me to you and Dr. King, I am so sorry to tell you that I just can't go back there and remember what had happened to my son. I do know that without your help, my little son wouldn't be here today. I know that in the future, I will be able to demonstrate my gratitude (by writing the story) -for all of the gifts that you gave us during that very trying time. But I am sorry that I can't do that write up now. God be with you. I am sorry and I hope you understand. T. E.

[We do understand, because we see this on an ongoing basis. We talked again and she is better now, although we will not do the story yet - it is just too fresh for her, although we feel this is a testimony itself.

We did want you to see her heart and relief, but like most people, once the traumatic time has passed, it is not a place you want to go back and visit, even for a short time, due to the fear and personal pain involved. We pray for peace, cleansing and a refreshing for her and her son's life. We pray the same for the many who have been and are in the same or a similar place, in the name of Jesus, our Lord.]

A Horse Story

I guess I have worked on everything now. When I read the article in the KIMA® Journal about the horse's recovery from using TKM®, I never thought I would work on a horse but, now I have.

A good friend's horse came down with encephalitis like the horse in the article. I offered to help her and at 10:00 pm we were out there working sequences. My husband came to help me and he was placing his hands on the horse like a pro. I have to admit I was a little scared when I had to hold her 5's.

I did #23,25 seq. and the Median seq. It was interesting and I know (on humans) we're not suppose to touch another person, but there is no way I could hold #5 and #2, she's a BIG horse, so I had Doug hold the #5 and I held his hand and held the #2. Let me know the right way (if there is one?).

The horse is a little better and her owner is working the sequence every evening.

This is so Cool !!!!!!!

May God Bless the works of your Hands. V.

Just a note of a testimony from the last class in Raleigh, NC. Courtney Wyrzten's dad had his blood pressure rise at the doctor's office to 160 over 90, so Courtney simply applied the #23,25 sequence and half way through the sequence her dad's B/P was checked and it dropped to 125 over 80. Praise the Lord for such simple, quick and easy help at our fingers with a little knowledge of His design.

The Level 3 class in Raleigh, NC (June 2005) was a very special



time with a group of dedicated students coming together sharing the same interest and similar stories. If you haven't attended one I encourage you to do so.

(see photo left)

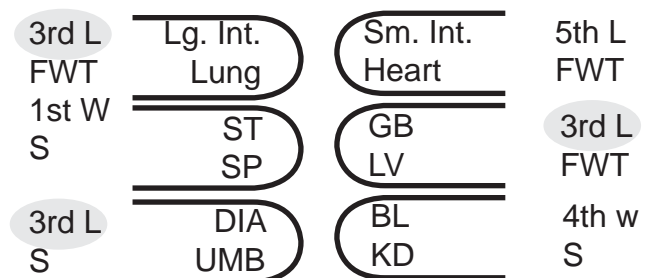
Pulse Puzzle Suggestions:

(From page 6)

Observation: The descending second Stratum, descending third Stratum and descending 6th stratum indicate a need for third stratum and a pattern which indicate a certain sequence. The small Intestine is dysfunctioning within itself, as well as the stomach and bladder. The spleen is silent as well as Umbilicus and Kidney.

Suggestion: Although there are several needs, the Mediator directly addresses the priority need. You could also apply spleen for helping itself and to help Kidney and Umbilicus and possibly help some others by revitalizing the energy.

You could apply gallbladder due to the three descending pulses with third stratum texture, although the Mediator is third stratum and addresses the specific pattern of the pulses presented.



See the diagonal relation to the mediator in the illustration above. Mediator is a diagonal pathway.

Summary: Whenever you feel a matching ascending (or descending) pulse pattern with a diagonal pattern between the three levels (chest, waist and hip), as the example above, then it clearly indicates a mediator need. This is especially true if the texture matches, and even more so if they are third stratum (because Mediator is third stratum).

Please note that this can also be an indicator for Mediator if the pattern has loud pulses or silent pulses (when unable to distinguish the texture). It's the pattern that counts, other matching factors just reinforce the need for Mediator.

I hope these examples bring greater understanding.

TKM® STUDENTS

willing to help those in need!

The list below provides students who have given permission to be listed in order for those needing help to know who is in their area. They are listed alphabetically by state and city. The last column contains a code which identifies what classes they've completed.

The code is as follows: **E** = E.M.T., **S** = Self Help, **A** = Advanced class; each number **1** through **6** represent the level of Textbook class(es) they've completed, i.e. **1** = Level 1; **SP** = Special Topic class. When a letter or number is repeated, it signifies the number of times that class has been reviewed for higher learning. When you see "x's" it means multiple times. For example **5x** means the class was completed 5 times. If a person has a "2" then they've also attended pulse training to help understand what applications to apply for the cause of an issue.

Please be aware that those listed may not be available when you attempt to contact them, as the listings change. Also, these students may not be efficiently trained to handle the health recover required. In such a case contact the Institute's office at 800-640-7998.

Alabama

Decatur, AL	Dr, Jewel E.B. Euto	256-340-9429	E,SP
-------------	---------------------	--------------	------

Arkansas

N. Little Rock, AR	Jean Riley	501-753-5194	E,SP
--------------------	------------	--------------	------

California

Anderson, CA	Jesama Mullen	530-365-9007	S,1,2,3,4
Anderson, CA	Laurel (Lori) Collins	530-378-1214	S,1,2,3,4
Chico, CA	Loring L. Hammer	530-345-8600	1,2
Chico, CA	Sherrie Line	530-343-4836	EE,S,1,2,3
Davis, CA	Christy R. Friederich, MS	530-758-9339	E,S,1,2
El Dorado, CA	Judy Ann Major	530-620-2233	E,S,1,2,3
Healdsburg, CA	Trisha Brunelle	707-483-8793	S,1,2
Redding, CA	Constance Kay Wallace	530-222-4378	E,S,1,2,3
Redding, CA	Judy Williams		EE,S,11,22,3,SP
Redding, CA	Susan Herriott Smith	530-223-3484	EE,S,1,2,3,4
Santa Clara, CA	Karen Elliott	408-247-5144	E,S
Santa Rosa, CA	Robert Rowen, MD	707-571-7560	E,1,2
Weldon, CA	Marilee Nicoll Coots, ND	760-378-4357	SS,11,22,33

Colorado

Colorado Springs, CO	Maria Irizarry	719-310-8209	E
----------------------	----------------	--------------	---

Florida

Clermonte, FL	Barbara Perry	352-242-1375	S,11,22
Delray Beach, FL	Emily Popp	561-498-5404	S,1,2
Dover, FL	Ann Souther	813-659-0349	S,1,2
Miami, FL	Lisa Heath	305-279-2620	E,S,1,22,3
Palm Beach, FL	Tom Slider	561-627-4909	E,S
Sebring, FL	Jim Robertson, MS, ND	863-314-8482	EE,SS,11,22,33,4,5,SP,SP
Sebring, FL	Melanie Robertson	863-314-8482	E,S,1,2,3,SP

Illinois

Grayslake, IL	Gerlinde O'Halloran	847-543-4424	1,2
Mahomet, IL	Julie Percy	217-586-2568	1,2

Indiana

Bloomington, IN	Stephanie Miller	812-327-3206	EE,1,2
Crawfordsville, IN	Judith & William Bol	574-583-4492	1,2

Danville, IN	Richard Garwood	317-718-0105	E,1,2,3
Indianapolis, IN	Angie Crockett	800-382-4444	E,S,1,2,3
Indianapolis, IN	Carl Blackwood	317-357-9561	S
Indianapolis, IN	Cheryl Adams	317-351-5908	1,2
Indianapolis, IN	Marcia Blackwood	317-357-9561	S,1,2
Kokomo, IN	Debbie Henderson	765-453-1696	S
Marion, IN	Les Lewis	765-668-7778	EE,S,1,2,3
N. Manchester, IN	Gee-Gee Tharp	260-982-6549	S
N. Salem, IN	Sally Daub	317-539-4920	EEE,S,1,2,3
Plainfield, IN	Dee Edwards	317-893-8686	S,1,2,3
Wabash, IN	Linda Rumpf	260-563-4321	EE,S,1,2,3,SP

Kansas

Arkansas City, KS	Sharla, Rebecca & Rachel Poage	620-442-1850	S, 1,2,3,SPx's
Inman, KS	Connie Newcome	620-585-2556	E,S,1,2,3
Inman, KS	Myrna J. Schmidt	620-585-2222	1,2
Shawnee, KS	Kelley Gripe	913-268-3367	S
Ulysses, KS	Janet Pucket	620-356-3306	S,11,22
Winfield, KS	Becel Rochat	620-221-3438	S
Winfield, KS	Lindsay Rochat	620-221-3438	E
Winfield, KS	Pat Rochat	620-221-3438	S

Kentucky

Grayson, KY	James D. & Joann Riggs	606-474-5947	E,1,2,3
Hazard, KY	Claudean Oakley	606-436-3530	1,2
Talcan, KY	Mildred Ritchie	606-436-3530	1,2

Louisiana

Lafayette, LA	Robin Harwell, PT, MS	337-289-2903, ext.5	E,S,11,22,33
---------------	-----------------------	---------------------	--------------

Maine

Spruce Head, ME	MaryAnn Greiner	207-594-7659	S,11,22,3,SP
-----------------	-----------------	--------------	--------------

Maryland

Annapolis, MD	Julie A. Meekins	410-975-0295	1,2
Davidsonville, MD	Ellen Moran	410-798-1942	S,1,2
Elkton, MD	Wendy Winstead	410-398-8727	1
Grantsville, MD	Rosie Cupler	301-895-5544	E
Leonardtown, MD	Steve & Inga Wieser	301-475-3394	1,2
Millersville, MD	Donald & Doris (Dee) Scheller	410-987-6522	1,2

Massachusetts

Shrewsbury, MA	Derenda Pitzele	508-842-7093	EE,SSS,111,222,333,4,5,SP,SP,SP
Grafton, MA	Deborah N. Walker	508-826-3903	S,111,222

Michigan

Hart, MI	Anna M. Powell	231-873-3756	E,SS,1,2
Lansing, MI	Kathleen Couzzins	517-323-3264	SS,1,2,3,SP
Waldron, MI	Mindy & Ann Wade	517-567-4364	E,1,2

North Carolina

Yanceyville, NC	Rebecker G. Saunders, RN	336-421-9753	11,22
-----------------	--------------------------	--------------	-------

New Jersey

Absecon, NJ	Mary Polisano	609-646-2258	S
Egg Harbor Tnshp, NJ	Wolf and Ruth Pacheco	609-677-6877	S,1,2
Pleasantville, NJ	Patricia Crisp	609-484-8499	S,1

New York

Brooklyn, NY	Anna Wisniewska	718-389-2828	S
--------------	-----------------	--------------	---

Nevada

Carson City, NV	Linda Sparks Jenks	775-882-3030	E,S,1,2,3
-----------------	--------------------	--------------	-----------

Ohio

Carrollton, OH	Jane Smith Grezlik	330-735-2426	S
Chillicothe, OH	Carol Recob	740-774-4378	S
Chillicothe, OH	Karen Crocker	740 474-0216	E,S
Chillicothe, OH	Michael E. McCorkle	740-774-2582	S,11,22,33,SP
Columbus, OH	Sheryl Badoux	614-855-0888	E,S,11,22,33,4,5,SP,SP
Parma Hts., OH	Pat Cassidy	440-845-7126	E
Troy, OH	Howard J Cooper	937-339-2017	EE,1,2,3,SP
pringfield, OH	Brent Miesse	937-325-2173	E,S,1,2,3
West Union, OH	Susan Lebovitz, LMT	937-544-5685	EE,1,2,3

Oklahoma

Oklahoma City, OK	Paula Jo Scott	405-634-4372	EE
-------------------	----------------	--------------	----

Oregon

Beaverton, OR	Linda Chitwood	503-244-2650	S,3
Lake Oswego, OR	Louise Georgen, DNH	503-635-4612	S,1,2,3

South Carolina

Columbia, SC	Dr. Teresa Jenkins	803-781-8733	E,S,1,2
Loris, SC	Ann Lill	843-756-8889	E,S,1,2,33,SP

Tennessee

Dover, TN	Patricia G Hutcheson	931-827-2028	1,2
-----------	----------------------	--------------	-----

Texas

Anna, TX	Debbie Hill	972-924-3737	E,S,1,2,3
Austin, TX	Courtney Wyrzten	512-323-2992	1,2,3,SP
Austin, TX	Joel Wyrzten	512-323-2992	E,S,1,2,3,SP,SP
Conroe, TX	Jeanean Boyd	936-539-9600	EE,SS,1,2
Carrollton, TX	Lynette Hoyt	972-418-1188	1,2
Dallas, TX	Pamela Relyea, Therapist	214-642-4680	Ex6,Sx10,1x15,2x15,3x15,SPx's,AA
Houston, TX	Lety Williamson	713-440-0806	11,22,33,4,5,SPx2
Red Oak, TX	Carolyn Johnson	972-617-2350	E,S,1,2,3
Richardson, TX	Pam Gorman	972-690-1398	1,2,3

Utah

Ogden, UT	Linda Kane, ND	801-395-1979	E,S,11111,22222,333,4,SP
La Venkin, UT	Ilene Church	435-635-2470	E

Virginia

Yorktown, VA	Phyllis Porter	757-867-9120	E,S,1,2,3,4
--------------	----------------	--------------	-------------

Washington

Anacortes, WA	Ronda Dupea	360-293-6284	E,SS,11,22,33,SP
---------------	-------------	--------------	------------------

Wisconsin

De Pere, WI	Judith A. Van Caster	920-336-1238	E,S
De Pere, WI	Sheila M. Flynn	920-983-0408	E,S
Green Bay, WI	Carla J. Luedeman	920-437-9524	S,1,2,3
Green Bay, WI	Angelica Pattison, RN, ND	920-564-2254	E,S
Green Bay, WI	Michelle Reinhard	920-499-8876	S
Kaukauna, WI	Susan Klingeisen	920-766-7208	E,S
Kenosha, WI	Anne O'Brien	262-697-8730	E,S
Lake Mills, WI	Fred and Carol Luehring	920-648-4447	11,22,SP

International

Athens, Greece	Rodiani Voreadou	+ 30-210-6458761, Also a Certified TKM Instructor + 30-210-6522226	S,1,2,3,4,5,SP
Tel-Aviv, Israel	Daniela Giladi	+ 03-523-4805 + 054-8000989	S,11,22,3

A Request for TKM® Students: If you're not on this list and have completed at least Level 1 and 2, we hope that you'll participate in this effort to supply a source of help for someone that is traveling or living in your area that needs assistance with The KI Method®. This is not just for those who have a practice, but those who are willing to help if someone is in need. Please contact us with the required information at: TKI@kinginstitute.org or call 1-800-640-7998. Thank you for your help!

What is TKM®

It's a complimentary form of natural medicine from a physics understanding of the bioelectrical systems and functions of the human body. This gentle method is a non-invasive, light touch approach to reestablishing homeostasis in the body that even a child could apply. Use of this nurturing practice restores bioelectrical circulation (conductivity) and balance (coherence).

It promotes rapid healing and has shown to be highly effective to help reverse critical health issues and chronic diseases as it activates a resurgence of vibrant health. The King Institute, Inc. embraces its client as a "whole person," addressing the cause from a physics point of view rather than symptoms of disease or pain (which is simply bio-energy that is not circulating properly). This approach produces measurable and remarkable improvement in physical, mental, and emotional health. I believe our greatest handicap is lack of knowledge and the lack of acting on correct knowledge!

Our Mission Statement

"Dedicated to serve as Ambassadors bringing Restoration, Healing, Truth, and the Love of Christ to the World, giving all the Glory to God."

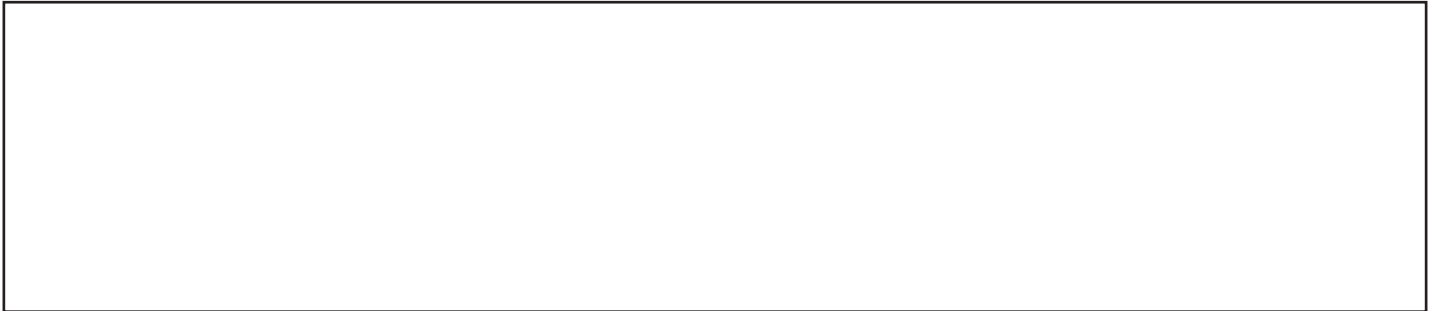
CLASS SCHEDULE

Additions or changes in schedule are subject to change without prior notice.

To check up-to-date schedule, visit our event calendar on-line at: www.kinginstitute.org

To Register or inquire about any classes, call the King Institute at: **1-800-640-7998.**

You may register for the Institute's classes on-line at: www.kinginstitute.org



Healthy Eating

BLACK BEAN AND

VEGETABLE STIR-FRY

Yes, we actually said stir-fry. Think moderation when it comes to anything fried - even when it is as light as stir-fry. Now let's check out this delicious dish for this summer.

The secret of a quick stir-fry is proper preparation of all the ingredients first. It is important that the ingredients are added to the wok in the right order, so that the larger and thicker pieces have a longer cooking time than the smaller pieces-even if this is a difference of only a fraction of an inch and a few seconds!

Ingredients

Serves four

1 1/2 cups scallions

8 ounces button mushrooms

1 red bell pepper

1 green bell pepper

2 large carrots

1/2 cup sesame oil

2 garlic cloves, crushed

1/4 cup black bean sauce

6 tbsp. warm water

1 cup bean sprouts

Salt (kosher salt is best) and ground black pepper



1. Thinly slice the scallions and button mushrooms.
2. Cut both the bell peppers in half, remove the seeds and slice the flesh into thin strips.
3. Cut the carrots in half. Cut each half into thin strips lengthwise. Stack the slices and cut through them to make very fine strips.
4. Heat the sesame oil in a large preheated wok until very hot. Add the scallions and garlic and stir-fry for 30 seconds.
5. Add the mushrooms, bell peppers and carrots. Stir-fry for 5-6 minutes over high heat, until the vegetables are just beginning to soften.
6. Mix the black bean sauce with the water. Add to the wok and cook for 3-4 minutes. Stir in the bean sprouts and cook for one more minute, until all the vegetables are coated in the sauce. Season to taste, then serve immediately.

Cook's tip

Black bean sauce is made from salted black beans, which have a very distinctive flavor, and have been crushed and mixed with a variety of spices - such as ginger and chili. It is quite a thick paste and readily available in jars and bottles at large supermarkets and Asian food stores. Store in the refrigerator after opening.

Continued from page 14

A good book to start understanding more about these issues is the *Root Canal Cover-up* by Dr. George Meinig, D.D.S., F.A.C.D.

Now that we've provided some achievements in understanding the dental and medical aspects related to teeth and references for further review, let's look at TKM's point of view and how we can address these issues.

TKM® and Teeth

The chart on pages 11 & 12 combine several perspectives such as, organ relation, organ energy, autonomic nervous system, CNS, and others both biochemically and energetically. This chart helps identify relations between symptoms in the body and a tooth, and how an infected tooth, root canal, cavity, crown, amalgam or other tooth related issues may affect the body.

Since there are 144,000 energetic functions divided into five stratum (categories), plus the 144,000 biochemical aspects, I'll provide some options on how to determine TKM applications for correlations recognized. Some are very simple, like applying the organ energy sequence (in TKM book) for the tooth in the same column in the chart, plus other relations in the same column.

Each column provides a spinal vertebra relation, which can be used to help directly with hands-on, above-below-& on (ABO), finger related or other sequences taught in Levels 1, 2, 3, 4, 5, 6 & 7. Another general way to help teeth and their correlations is to apply the Lg. Intestine sequence, it helps same side lower teeth and gums, plus opposite upper teeth and gums.

A single step can help opposite upper and lower wisdom teeth. Simply hold #8 and same side #16. To be more thorough, follow through with # low 8 and same side #16.

Summary: The health of the teeth from the time you are born can have an enormous impact on your total health! Educate yourself properly to take care of your teeth and the teeth of your family in order to prevent many of the minor to fatal issues which unknowingly burden millions of people. Do not be passive and buy into the propaganda that standardized medicine, standardized dentistry and their promoted harmful products are trying to sell you or intimidate you.

It is blatantly obvious that most of us are perishing for lack of knowledge.

The hard fact of the situation is that you can't just simply trust a health professional, you must educate yourself enough to understand your own wise choices with the help of professionals whom you have pre-qualified - by testing their knowledge, reputation for the type of results you want.

Let God, who is Truth, lead you in finding the truth about taking proper care of your family's health. He is faithful when you ask, lean on and wait for His leading. There is much symbolism in the mouth He gave us and all that is in it and all that comes out of it.

God bless you!

Glenn King, PhD, RD, CN.
Director

**There will be a follow-up story
in the next Journal.**

We hope you have enjoyed this issue of the *KIMA® Journal*.
For comments and suggestions, contact us at: info@kinginstitute.org
Thanks and God Bless!



Read the article in KIMAJ issue
2, or on-line at: www.kinginstitute.org

Call 1-800-640-7998 to

Rhus Tea

\$29.95 plus S/H \$4.50

or

3 for \$74.95 plus S/H \$7.00

Save \$15

A NOTE FOR ENCOURAGEMENT

I know that most of you reading this page are dedicated supporters of TKM® and our mission with it. I sincerely and wholeheartedly thank you for your special dedication!

Many of you have probably been scoffed at, ridiculed, prayed for as though confused or deceived, lost credibility from some relatives or acquaintances, or simply ignored, concerning your involvement in TKM®, or because of your compassion you offered to help others or directed them to the Institute.

I do not say these things to discourage you, but to encourage you. When has there ever been a time, concerning anything, that the majority of people have recognized and embraced new concepts to them. This has always been and will always be. The usual result for the person sharing a new concept to others, out of compassion to help them, is after several negative responses often resulting in being hurt, disappointed, rejected and sometimes shamed, they become hesitant in sharing hope, Truth and help.

These responses should never be a surprise, although never expected, and should not lead to discouragement or withdrawn silence, but to recognize that anything that has been of great revelation and importance has never been accepted easily by the masses. It has always been through great perseverance and sacrifice for the greater good of others. Those who persevere are the ones who change the world in which we live.

It often seems that a lie or fantasy is always easier to believe than the truth that changes concepts. Many people throughout history, who changed the world through new concepts, that were of truth (truth is always better than facts, because the facts can be deceiving of truth), have been ridiculed, institutionalized or their lives taken because of speaking about something that conflicts with current concepts. Thank God that is not the common way in this age.

I praise God for those who had and have the conviction to spread His Truth, though facing the opposition of the masses, authorities and Spiritual warfare, which many times resulted in death. I also praise God for those who have the conviction, compassion and courage despite the opposition to spread the truth of new concepts that bring hope and help to better the world in which we live, in accordance with God's Word.

Throughout Scripture God speaks about us helping His people, His children and our neighbors with a compassionate, loving heart. Who are His children? We are!

If you have not raised children, then you have at least been a child yourself at one time, and you understand that parents, out of love for their child, will persevere in the face of all that even a teenager can provide in opposition, to do what is right as they know in truth for the good of their child. Even it means "not being liked" or despised for a time, because they simply do not have the understanding you do.

You probably know many people who have died who could probably have been helped by TKM®. I would think that would be enough fuel to keep conviction burning boldly for quite awhile. It is for me! Please understand that I am speaking to those who feel a desire to help others with this knowledge, that through God's grace it has been revealed to you. This is also to those who feel at one time or another a nudge or compulsion from your heart to reach out to someone who is suffering with knowledge of hope and help (TKM®). What do you really risk? I would rather live with a little rejection or the occasional unfruitfulness of others ignoring helpful advice, than the knowledge of continued suffering and loss of ability to enjoy the quality of life, which can be experienced from withholding what is known to help others. If you receive this with openness and seek God's purpose, only then will you know how much of this applies to you.

What is my purpose in writing this message? I do not want you to miss opportunities to be a blessing and to be blessed by helping others; it goes beyond words. I do not want you to have any memories of regret in relation to what you do with this knowledge. I want you to know you are not alone in what you experience when trying to help others. I desire for you to be encouraged in knowing others are persevering in the same kind of battles. What you risk is worth it! I encourage you to stand on uncommon ground for the good of others, and for the good it will do for your own life.

*"You need to persevere so that when you have done the will of God, you will receive what He has promised." Hebrews 10:36
". . . Lay hands on the sick, and they shall recover." Mark 16:18*

I deeply prefer that TKM® not be spread through common media, but through those to whom God has revealed this knowledge and who will follow His leading in spreading it to help others. I feel God's plan will be better served in this way. Therefore, do not be discouraged, but always think of the possibilities of good and the achievements accomplished and go forth looking for the opportunities God places in your life to serve His purpose. Think of the change this can provide for our children and their children. Can you envision the possibilities over a few generations of fruitful seed planting for better health and life.

*"Now faith is the assurance of things hoped for, the conviction of things not seen." Hebrews 11:1
"By faith we understand that the worlds were prepared by the word of God,
so that what is seen was not made out of things which are visible." Hebrews 11:3*

May God bless, heal, protect, strengthen, lead and encourage you and your family at all times!
In the joy of the Lord,
Glenn King
Director